



PECONIC TEACHER CENTER

Presents:

***Implementing the NY Mental Health Mandate:
Curriculum Requirements, Partnerships & Strategies***

Presenters: Dr. Ron Smith and Joan Fretz

Tuesday, June 4, 2019

10-3 p.m.

Peconic Teacher Center

Light lunch served – no registration fee

Presentation Outline

- A concise overview of the NY Mental Health Report's Requirement & Recommendations
- The required curriculum framework which includes signs & symptoms of mental health conditions and reduction of the stigmas of mental illness
- Comparison of the Mental Health Framework's curriculum skill competencies with evidence-based SEL and mindfulness curricula – what to look for in skill-based lessons
- The role of school climate: How the governing values of ALL staff, parents, and students, and the words and actions we all choose influence school climate and the MH curriculum's effectiveness

The NY State Mental Health Education Requirements & Recommendations

What your school can do:

1. **Review and assess current K-12 health education curricula for alignment to new mental health education requirements;**
2. Build capacity and strengthen relationships between educators and pupil **personnel services (school psychologist, social worker, school counselor, nurse);**
3. Develop school and community partnerships with mental health professionals and organizations;
4. Identify strategies to engage families and students in supporting mental health and well-being;
5. Support a positive school climate "Culture of Care"; and
6. Leverage partnerships and build upon existing resources to develop a sustainable infrastructure for mental health.

Registration in MLP required: <https://www.mylearningplan.com/webreg/catalog.asp?H=1&D=10096>